

Embrace TALK Monitor

Front of the Embrace TALK Monitor

Test Strip Port
Insert test strip to turn on the monitor.

Monitor Buttons
Press and hold the middle button located on the left side of the monitor to turn off and on. Press and release middle button for meter option screen.

Monitor Display
Show your blood glucose test results, memory values and other messages.

Press middle button to enter control mode with test strip inserted, or enter set up mode when not testing

Back of the Embrace TALK Monitor

Data Port
Connect an Omnis Health data cable here to send data into a PC.
*Purchased separately

Battery Compartment
Holds two AAA batteries battery cover.

Setting Date and Time

- Press and hold the middle button to turn on the meter.
- Current year will flash, adjust to the correct year by pressing the center button to confirm your choice.
- Current year will flash, adjust to the correct year by pressing up or down with the arrow buttons, press the center button in to confirm your choice.

Enter Buttons **Up and Down Buttons**

Preparing Your Lancing Device

- Twist off the lancing device cap and insert an unused lancet.
- Twist the protective cover off from the lancet.
- Place the lancing device cap back into the lancing device and adjust the puncture setting (1 is lightest and 5 is deepest).
- Pull back on the lancing device.
- Press the button to lance.

Quick Reference Guide

Sistema de Medidor de Glucosa en La Sangre

Testing Your Blood Glucose

- Insert the test strip to turn on the monitor.
- Wait for the blood drop symbol to appear on the LCD.
- Lance your finger.

Note
• Please refer to the Embrace TALK instruction manual for more complete and detailed instructions and important safety warnings.

Testing Your Blood Glucose

- Bring your lanced finger close to the tip of the test strip as shown. Blood will be pulled in when contact with the tip of the test strip is made.
- Your blood glucose result will show up in six seconds.

Recalling Memory

- Turn on the monitor by pressing and holding the center button in.
- Press the center button in again to enter function mode.
- Press the center button again when "mem" icon flashes to enter memory recall.

Press the top button to see stored results from the most recent to oldest. Your monitor can hold up to 300 dates and time stamped results. Control solution results will be flagged by "ctl" icon at the lower left hand corner. When the meter memory is empty, the screen will show "nil".

Scroll down to see the average of results. The averages are 7, 14 and 30 days.

Problem Solving

Message	Description and Remedy
Err 1	Electronic malfunction. Take the batteries out and insert them into the monitor again and turn on. If the message is still there, contact 1-877-979-5454
Err 3	Used test strip. Insert a new unused test strip and test again.
Err 4	Not enough blood in the test strip. Insert a new test strip and test again. Make sure the blood fills the confirmation window completely.

CAUTION: IF YOU SEE "HI" OR "LO" DISPLAYED, YOUR BLOOD GLUCOSE LEVEL MAY BE ABOVE 600 MG/DL OR BELOW 20 MG/DL, REPEAT TESTING. IF YOU STILL RECEIVE THE SAME RESULT, CALL YOUR PHYSICIAN OR HEALTHCARE PROFESSIONAL IMMEDIATELY.

Problem Solving

Message	Description and Remedy
HI	Test result is higher than 600 mg/dL. Use a new test strip and test again. If the result is still the same, call your physician or healthcare professional immediately.
LO	LO Test result is lower than 20 mg/dL. Use a new test strip and test again. If the result is still the same, call your physician or healthcare professional immediately.

Note: Please refer to the Embrace TALK instruction manual for more complete and detailed instructions and important safety warnings

Embrace[®] is a registered trademark of Omnis Health.

Manufactured for:
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